

# Helping YOU

## Manage the Risk with Swallowing Difficulties



Consistency  
starts with us

# Versatile Gum Based Thickener



It mixes with!:

	Tea
	Coffee
	Milk*
	Squash
	Water
	Fizzy Drinks
	Alcohol
	Stock
	Osmotic laxatives <sup>1</sup>

## Thick & Easy™ Clear

- Mixes with a wide range of drinks - **hot, cold, carbonated and dairy\***
- Drinks thickened with Thick and Easy™ Clear **remain stable and cohesive** allowing for larger volumes of drinks to be mixed and then stored for daily use<sup>1</sup>
- Mixes with liquids to produce a clear, tasteless drink to aid palatability\*

### Thickening larger quantities of liquid

mls	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4
200	1	2	3	6
400	2	4	6	12
600	3	6	9	18
800	4	8	12	24
1000	5	10	15	30

**Number of scoops (scoop size 1.4g)**

\* To aid palatability, you may need to prepare drinks weaker than normal, and some drinks may take longer to reach the consistency. For example, milky drinks: add recommended scoops of Thick & Easy™ Clear into a dry cup, pour in the milk and whisk briskly for 30 seconds, then leave to stand for 5 minutes.

# Your complete range for IDDSI\*\* Levels of Thickness

2



## Fresubin® Thickened Level 2

**The only Pre Thickened Level 2 ONS on the market.<sup>1</sup> Listed on the HSE COVID-19 Nutrition Support Pathway as recommended for Residential Care Facilities for Older Persons.<sup>3</sup>**

Pre-thickened for convenience  
Ready to use  
Flavours: **Vanilla, Wild Strawberry**  
Contains 300 Kcal, 20g Protein and 5µg Vitamin D per 200ml

3



## Fresubin® Thickened Level 3

**HSE COVID 19 Nutrition Support Pathway Listed on the HSE COVID-19 Nutrition Support Pathway as recommended for Residential Care Facilities for Older Persons.<sup>3</sup>**

Pre-thickened for convenience  
Ready to use  
Flavours: **Vanilla, Wild Strawberry**  
Contains 300 Kcal, 20g Protein and 5µg Vitamin D per 200ml

4



## Fresubin® 2kcal Crème

**The only dessert style ONS Listed on the HSE COVID-19 Nutrition Support Pathway as recommended for Residential Care Facilities for Older Persons.<sup>3</sup>**

Flavours: **Vanilla, Cappuccino, Wild Strawberry, Praline, Chocolate**  
Highest calories in a dessert (250kcal per 125g pot)  
Highest Vitamin D level (6.25µg per 125g pot) of any dessert style supplement

 **NO ADDITIONAL ONLINE PCRS APPROVAL REQUIRED<sup>2</sup>**

\*\*© The International Dysphagia Diet Standardisation Initiative 2016@<http://iddsi.org/framework/>

# Convenience for you and your patients!

You can arrange samples to your place of work or directly  
to your patients homes.

The Trusted  
Thick & Easy brand  
- on the market over  
20 years



If you would like to order samples, please use:

Web: [www.fresubinsamples.ie](http://www.fresubinsamples.ie)  
Email: [enquiries.ireland@fresenius-kabi.com](mailto:enquiries.ireland@fresenius-kabi.com)  
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caring for life

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References:

1. Data on File
2. <https://www.hse.ie/eng/about/who/cspd/ncps/medicines-management/oral-nutritional-supplements/>
3. [https://hse.drsteevenslibrary.ie/id.php?content\\_id=32919578](https://hse.drsteevenslibrary.ie/id.php?content_id=32919578)