



How to gravity bolus feed an EasyBottle using a syringe

Getting ready

- Always refer to local guidelines
- Collect all equipment needed on a clean table or tray
 - 2 x 60ml enteral feeding syringes
 - Oral nutritional supplement (ONS) at room temperature
 - Water for flushing
 - Clean cup or container to decant feed into
- Wash and dry hands before and after feed administration
- Check EasyBottle label and expiry date
- Make sure patient sitting upright if possible (or head and shoulders raised by at least 30 degrees during feeding and for a short period afterwards, 45 mins is suggested)
- If nasogastric feeding, confirm tube position according to local policy
- Flushing feeding tube:
 - Fill syringe with 30-50ml of water or as advised by Dietitian and close clamp on tube (if present)
 - Attach syringe, open clamp on feeding tube and flush tube with water
 - Close clamp on feeding tube and remove syringe

How to administer the feed



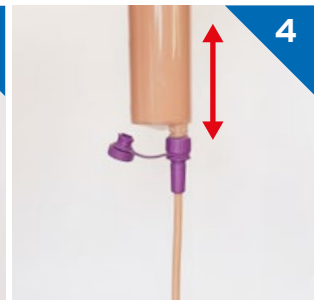
Gently roll EasyBottle



Remove the plunger from the syringe and attach the syringe barrel to the feeding tube or extension set. Close clamp



Slowly pour the required amount of feed into the syringe barrel and open clamp on tube



Hold the syringe barrel higher to increase flow rate or lower to slow rate of feed



Repeat steps 3 and 4 until the prescribed amount of feed has been delivered

Close clamp once you have finished feeding

Flush the feeding tube with water as per protocol, close clamp

Keep syringe barrel topped up with feed as per feeding plan and avoid air entering tube

Remove syringe from feeding tube and replace feeding tube cap. Leave feeding tube unclamped

Store any unused feed in the fridge and remove from the fridge 30 minutes before required for the next feed. Discard any remaining feed after 24 hours

EasyBottle can remain open at room temperature for 6 hours then it must be discarded*

After feeding, separate the syringe plunger and syringe barrel, wash in warm soapy water, rinse and allow to air dry separated. Store syringe as per local guidelines

*Opened EasyBottles can be stored at room temperature (15-25°C) for up to 6 hours based on microbiological testing